



	<h2 style="text-align: center;">Dragon Challenges</h2> <p style="text-align: center;">Start the week with a 'Five minute Move.' Choose a song and dance together.</p>	<p>Ideas for activities that could be completed every day...</p>
<p>Monday</p>	<p>Make a picture of a rainbow and stick it in your window for others to see! Name the colours (even in Welsh if you can!) and sing the rainbow song.</p> <p>Log onto the e-book library on Oxford Owl and read together "What's the weather like today?"</p>	<p>Enjoy books together everyday!</p>
<p>Tuesday</p> <p>'Dough Disco' is a fun activity which combines the use of play dough with a series of hand and finger exercises designed to improve fine muscle control.</p>	<p>Keep moving – make up a dough disco or dance routine to your favourite song!</p> <p>Make some playdough (if you already have the ingredients in your home). Measure out the ingredients together and combine. See link for method and ingredients.</p> <p>Have a Dough Disco while singing nursery rhymes. A link is provided in the email for a demonstration of a dough disco.</p>	<p style="text-align: center;">A book is a magical thing that lets you travel to far-away places without ever leaving your chair</p> <p style="text-align: center;"><small>Karina Meyer PICTUREQUOTES.COM</small></p>
<p>Wednesday</p>	<p>In class we read '10 things I can do to look after my world.' Please talk to your child about these. The ideas included:</p> <ol style="list-style-type: none"> 1. Remember to switch off lights when not in use 2. Use both sides of the paper 3. Plant seeds and help them grow 4. Help to sort the recycling 5. Make toys from old boxes <p style="text-align: center;">If you are able to do any of the above, please do!</p> <p>Challenge: We can reuse lots of things before we throw them away. Can you make a junk model today?</p> <p>Log onto the e-book library on Oxford Owl and read together 'Silver foil rocket.'</p>	<p>Say the days of the week together and identify which day it is, for example, ask questions if yesterday was Monday, what day is it today?</p> <p>Talk about the weather. We ask 'Sut mae'r twywdd heddiw?' 'What is the weather today?'</p>
<p>Thursday</p>	<p>We're going on a number hunt. Use old catalogues, magazines and newspapers. Find numbers and see if your child can name the single numerals. Make a collection of the numbers found.</p>	<p>For the activities above, you may like your child to draw their own weather chart, recording a simple picture to show what the weather is like each day.</p>
<p>Friday</p>	<p>Design and make an obstacle course at home or in the garden! How fast can you complete it?</p> <p>Log onto the e-book library on Oxford Owl and read together 'Dad, can you do this?'</p>	<p style="text-align: center;">YSGOL Y DDRAIG</p> <p style="text-align: center;">ACHIEVE. CHALLENGE. ENJOY</p>

Mathematical Development

Some ideas for supporting number skills at home

Rhymes

Teach your child any number rhymes or songs that you know, particularly ones that involve holding up a number of fingers, like *Five little speckled frogs*. Practise them regularly, with actions.

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67knn>

Ordering numbers

Use old magazines, comics or greetings cards. Cut out pictures of animals, or anything else your child is interested in. Label the pictures 1 to 5.

Shuffle the pictures. Put them in order from 1 to 5. Remove one. Ask your child which number is missing. Repeat with other numbers.

Ask your child to tell you which number comes before or after a given number. When your child can do this, repeat with numbers 1 to 10.

Recognising Numbers

Choose a number for the week, e.g. 2. Encourage your child to look out for this number all the time. Can your child see the number 2 anywhere?

At home

- in the kitchen
- in the pages of a book
- on the clock / telephone

In the Street

- Count the houses as you go past
- on doors
- on car number plates

Counting - Your home is a rich learning environment.

Find two/three/four apples, toys, spoons, straws, sweets, for example. Maybe ask your child to help you set the table, they could help get out four forks, three spoons etc

Make patterns, such as two knives, two forks, two spoons, two knives, two forks, two spoons...

Anything can be counted, claps, steps, items of clothing etc. When its bath time, see if your child can count items in the bathroom such as ducks, toys or tiles!

Language, Literacy and Communication

Some ideas for further developing skills at home

Singing songs and rhymes

Hearing and learning songs and nursery rhymes is an important part of early reading. Sing lots of nursery rhymes together – make up actions. Rhymes can help your child to explore sounds and to begin learning story language and story structures.

<https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-a-to-z-index/z4ddgwx>

Encourage children to perform these songs for people in the house. Use wooden spoons and saucepans to start your own drumming club!

Rhyming Games

Rhyming games are fun and will help your child start to hear and understand speech sounds. Try 'I spy.'

Have fun with rhyming words. Can they think of a word that rhymes with 'cat', for example?

Mark Making

Explore making marks outside using large chalks/ old paint brushes and buckets of water or inside in dough or shaving foam using cotton buds/Lollipop sticks etc - talk about the shapes, patterns and marks made.

Make and write cards for special occasions, to send messages to family members etc. Children can be encouraged to make their own marks and adults can annotate these.

Enjoy books together

Read and talk about books. Before you start reading a book, talk about the title and the pictures on the cover (front and back). Ask your child what they think the story might be about. After reading, ask your child what they liked about the story. Try asking 'how' and 'why' questions about the story and the pictures

Read favourite stories over and over again- encourage your child to join in. Talk about the pictures and show your child how we read in English from left to right.

When you are reading to your child, ask them to join in with bits that are repeated.

To access a range of books online use:

Oxford Owl - <https://home.oxfordowl.co.uk> (log in details were emailed last week)

Listening skills

Give one/two words instructions of little jobs for your child to do.

Draw attention to sounds in the environment and see if your child can identify the sound e.g. church bells, birdsong etc